

# What is epilepsy?

1 in 100 persons in Malta have epilepsy...  
do you know what it is?

Epilepsy is a hidden condition which may result in seizures due to abnormal activity in the brain.

Seizures usually last  
for a few seconds or minutes.

70% of persons with epilepsy have their seizures controlled with the medicines available.

Thus, persons with epilepsy can live a normal life.



For more information and support contact the Caritas Malta Epilepsy Association on  
**maltaepilepsy@gmail.com**

All information and help will be given in full confidentiality.



# X'Inhi l-epilessija?

Persuna minn kull 100 f'Malta għandha l-epilessija...  
taf x'jiġifieri?

L-epilessija hija kundizzjoni li ma tidhix, fejn iseħħu  
aċċessjonijiet minħabba attività mhux normali fil-moħħ.

L-aċċessjonijiet normalment idumu  
għal ftit sekondi jew xi minuti.

70% tal-persuni bl-epilessija,  
jikkontrollaw l-aċċessjonijiet permezz tal-mediċini.

Dan ifisser li jistgħu jgħixu ħajja normali.



Għal aktar informazzjoni jew għajjnuna, ikkuntattja lil Caritas Malta Epilepsy Association fuq  
**maltaepilepsy@gmail.com**

Kull tagħrif jew għajjnuna li tingħata ssir b'mod kunfidenzjali.

